

CONTRAINDICATIONS:

- Patients with a history of herpes must pre-medicate before treatment.
- Patients with active cold sores or warts, wounds, sunburned, excessively sensitive skin, healing problems, dermatitis or inflammatory Rosacea in the area(s) to be treated should be excluded from all Peels because the procedure could potentially precipitate a flare-up or spread the condition.
- Patients with a history of allergies, rashes or other skin reactions may be sensitive to treatment.
- The peels should not be performed on patients with an allergy to salicylates (i.e., aspirin).
- This peel is not recommended if you have taken Accutane within the past year or received chemotherapy or radiation therapy.
- This procedure should not be administered to pregnant or breastfeeding (lactating) women.

DOWNTIME/RECOVERY:

The skin may appear sunburned. Peeling and redness will last approximately three to seven days.

PRE-CARE INSTRUCTIONS (ONE WEEK BEFORE YOUR PEEL):

- **Avoid the following procedures:** electrolysis, waxing, depilatory creams, laser hair removal, and sun exposure.
- Cease using any exfoliating products that may be drying or irritating, such as salicylic acid, alpha hydroxy acid and glycolic acid.

POST-TREATMENT RECOMMENDATIONS/PRESCRIPTIVE CARE:

- Leave on the post-peel cream until bedtime for optimal results.
- Rinse the skin gently (with water only) and pat dry; do not rub.
- **DO NOT PICK OR PULL THE SKIN**, as scarring can result.
- Avoid harsh cleansers or washcloths.
- Patients with hypersensitivity to the sun should take extra precautions to guard against exposure immediately following the procedure, as there may be more sensitivity following the treatment.
- Do not have any other facial treatment for at least two weeks after your peel.

DAILY SKINCARE ROUTINE:

- When washing your face, use a gentle, non-soap cleanser.
- Cease the use of exfoliating scrubs for at least one week after your peel.
- Apply K Ceutic or Hyal Ceutic twice per day or as often as needed to relieve dryness and tightness.
- Use sunscreen with zinc and avoid direct sunlight for at least one week.
- You may resume the regular use of retinol, alpha-hydroxy acid (AHA) products or bleaching creams only after the peeling process is complete and approved by your practitioner.
- Warning signs of problems include severe redness, swelling, blistering, burns, ulcers, pain, or signs of infection. **Notify us immediately if you see these.**

FOLLOW-UP VISIT:

We will contact you the day after your treatment to check on you.

Please ensure you arrange to attend your follow-up appointment 7 days after your treatment.

CLIENT DECLARATION

I understand the above instructions.

I understand the risks and signs of side effects and complications such as severe redness, swelling, blistering, burns, ulcers, pain, or signs of infection, and I will call the clinic and my practitioner immediately if I have any questions or concerns.

Client Signature:

Date:

For concerns, please contact: #01234 567890# or youremail@gmail.com

We would like to thank NATA (nataonline.co.uk) for their help in verifying that all the consent forms are complete.